

Thrive at E-Smart

January 2021

From the Headmaster's Desk

This is Christmas: Not the presents, not the carols, but the humble heart that receives the gift of Christ.

- Catholic Link

Humility is not thinking less of yourself, it's thinking of yourself less.

- C. S. Lewis

Dear parents,

Happy New Year! I pray that the new year would bring you peace, joy and hope after an extremely difficult year for almost all people as a result of the COVID-19 pandemic.

Every year around Christmas and New Year, I would meditate on a word in relation to what is happening in the world, and this year the word is HUMILITY, and I would like to share some of my thoughts with you.

Humility is hardly a favourite word of modern people who have been taught since a young age to believe in their unlimited potential, to think critically and independently, to come forward in a fight or flight situation, and to assert rather than give up their rights. Such mentality has unfortunately bred a generation of self-important people who feel entitled to their privileges, have vague ideas of democracy but reckon their views are always superior, and are more than ready to point the finger rather than admit their wrongs. More often than not, however, I find these ostensibly self-assured people suffer from anxiety and easily sink into depression when things aren't going the way they desire. On the other hand, humble people are generally composed and resilient, which prompts me to feel that we should make every effort to nurture humility in our kids.

Lest you should get me wrong, humility, as aptly stated by C. S. Lewis, is not thinking less of yourself, but thinking of yourself less. From my observations, several qualities would emanate from humble people who think of themselves less.

First and foremost, humble people are wise and discerning. Like the wise men who came from afar to worship Jesus, they could see beyond the surface to recognize Jesus as the person to whom they would kneel and present the most expensive gifts. Failing to find Jesus in Herod's palace, the wise men put their knowledge and wealth behind and saw the

extraordinariness in the two-year-old boy living in a modest carpenter's house. Their humility helped them to perceive beyond common sense and to know that things aren't always what they appear to be. Such sensitivity is a hallmark of true wisdom.

Humble people are also mindful. Paradoxically, mindful people aren't self-absorbed at all. They pay attention to every small detail around them, keenly listen and understand other people's views and critically examine their own. Most importantly, they have the ability to identify common aspirations rather than simply pinpoint outward differences, thereby being able to bring about the sorely needed peace and reconciliation among people.

As a result of mindfulness, humble people are generally more resilient. Without the need to constantly fret about their performance to keep pleasing the audience to stay in the limelight, they can endure disappointments better. Humble people are acutely aware of human limitations that any perfectly conceived plan could still backfire. They know what they should be unwavering about is their thoughts and ideals but not the ways things are done. Such fluidity or gracefulness is similar to what Bruce Lee said about water because water is strong and resilient yet gentle and smooth.

Therefore, contrary to our intuition, humble people aren't weak at all but self-assured and persistent. And in a world that is plagued by so many difficulties and uncertainties, we need to teach our kids to become humble active listeners, keen observers and hardy doers who may be better able to cope with the many unprecedented changes in the years to come.

May peace and joy be with you always!

Yours sincerely,



Clive Chan

Stars of the Month

Cheng Ka Ki, Kayla	WTE2A Sat 2:00-3:00
Cheung Ngai Wai, Ryan	WTE6A Mon 6:30-7:30
Chung Cheuk Yat, Travis	IEKKB Tues 4:30-5:30
Kwong Chin Fung, Jims	WTE6B Fri 5:30-6:30
Lam Chi Wang, Benedict	IEK4B Sat 9:00-10:00
Lo Wan Tsz, Janice	PTWP1 Thur 10:30-11:30
Luk Tsz Wai, Max	PTWR Mon 3:30-4:30
Tang Man Hei, Helen	WTE4B Fri 4:30-5:30
Yiu Lok Ching, Hailey	GWF4B Sat 3:00-4:00



STUDENTS' PAGE

HAPPY NEW YEAR January 2021

Happy New Year! E-Smart wishes everyone a new year full of happy memories and, of course, good health. 2020 was an unusual year for many of us, but we should remain positive. Now that the new year has arrived, have you made any new year resolutions? Remember, give your best effort in what you do and always be grateful for what you have.

~Ms. Michelle 😊

Writers of January:

- ◆ Bernice Li (6B)
An Unforgettable Journey to School
- ◆ Tiffany Leung (6B)
Stranded on a Deserted Island
- ◆ Carrie Lai (8A)
My 100th Birthday



The Immortal Tree

by Kim Min Jae



I would be the Immortal Tree, and I would be found on Mars as a result of aliens transporting me. I would try to help everyone to be immortal by using my fruits.



I cannot die but can defy the laws of reality and existence. I prefer to be alone, and my hobby is travelling to the edge of the universe. First, I would travel to Mars in the morning because I like to go there. And then, I would eat breakfast and then work until 5 o'clock. After that, I would eat dinner and then sleep. I hate eating alien food. I feel happy and love that I exist.

Spot The Seven Differences



New Year Wordsearch

c	z	e	f	i	r	e	w	o	r	k	s
o	n	t	j	r	c	p	h	m	e	v	o
u	p	a	o	h	a	p	p	y	s	s	y
n	x	a	c	i	v	l	s	r	o	w	r
t	p	a	r	a	d	e	a	c	l	t	a
d	k	e	m	t	t	e	a	h	u	u	u
o	d	l	c	a	y	a	i	d	t	g	n
w	x	e	b	e	e	o	k	p	i	u	a
n	m	i	d	n	i	g	h	t	o	m	j
e	t	a	r	b	e	l	e	c	n	new	

resolution	midnight
January	happy
countdown	party
fireworks	parade
new	celebrate
year	